THE OAKLEAF GROUP™

CareTech

The Oakleaf Group



Extraordinary days every day

Specialist care and neurorehabilitation for people with acquired brain injury or neurological conditions

About The Oakleaf Group



The Oakleaf Group in Northamptonshire has been providing neurorehabilitation and specialist care since 2004, during which time the service has grown significantly. Today, our services support 113 people with acquired or traumatic brain injury across 8 services.

The Oakleaf Group is part of CareTech, a leading provider of specialist care and education in the UK. There is a special focus on nursing needs in meeting ongoing physical health care needs, managing chronic illness and enhancing quality of life.

At Oakleaf, we support people with neurological conditions, including:

- Acquired Brain Injury
- Traumatic Brain Injury
- Stroke
- People with cognitive and physical disabilities following a neurological condition
- Progressive neurological conditions including dementia

Why choose us?

A person-centred, evidence-based and integrated approach to rehabilitation

Rehabilitation care and support are guided by the resident's needs and goals

Positive neurobehavioural approach

The therapeutic approach at Oakleaf focuses on restoration of function (where possible) and attempts to help people compensate for their difficulties. This requires innovative and collaborative approaches to problem solving. Equally, the timely provision of bespoke and specialist equipment and aids are important in maximising independence.

The Oakleaf care pathway

Assessment and active rehabilitation

A short-term placement typically between 6-12 weeks (or more) to support males with a relatively new acquired brain injury/traumatic brain injury. The focus of admission is for the interdisciplinary team to assess residents' needs around their medical, physical, cognitive, psychological, behavioural and communication skills with the ultimate aim of maximising independence. Throughout the assessment, the team will develop unique and personalised programmes of rehabilitation for residents and simultaneously provide comprehensive and robust clinical progress updates with the aim to facilitate successful discharge. Support can be offered to those experiencing Post Traumatic Amnesia, using validated tools to understand how an individual may be emerging or how to support more permanent cognitive changes and with the development of positive behaviour support plans to help with disorientation and changes in activity levels or agitation.

6- 12-week stroke care pathway

A short-term rehabilitation pathway for males who have experienced a recent stroke. The focus of admission is for the interdisciplinary team to assess residents' needs around their medical, physical, cognitive, psychological, behavioural and communication skills with the ultimate aim of maximising independence and functional skills with the aim to facilitate successful discharge.

Complex, long term care (slow stream rehabilitation)

Longer term care for males who require continued support following their brain injury. Residents have likely completed a period of assessment and rehabilitation and may have reached a point where the focus is around maintaining independence and function whilst ensuring a high quality of life. Residents may require a longer period of time within this service before discharge or may require a longer term home. The staffing team will continue to monitor and maintain medical, physical, cognitive, psychological, behavioural and communication needs of the residents and provide comprehensive and robust clinical progress updates to commissioners and families.

Palliative and end of life care

Our specialist nursing teams provide proactive and person centred care plans for males, which focus on individual preferences and cultural expectations of the resident and their families. The delivery of high quality care and support for males and will focus meeting their physical and emotional needs through robust advanced directives and end of life care planning. The nursing team will adapt care and treatment plans to reflect changing physical, mental health and emotional needs. The Gold Standard framework is adopted in all end of life care planning.

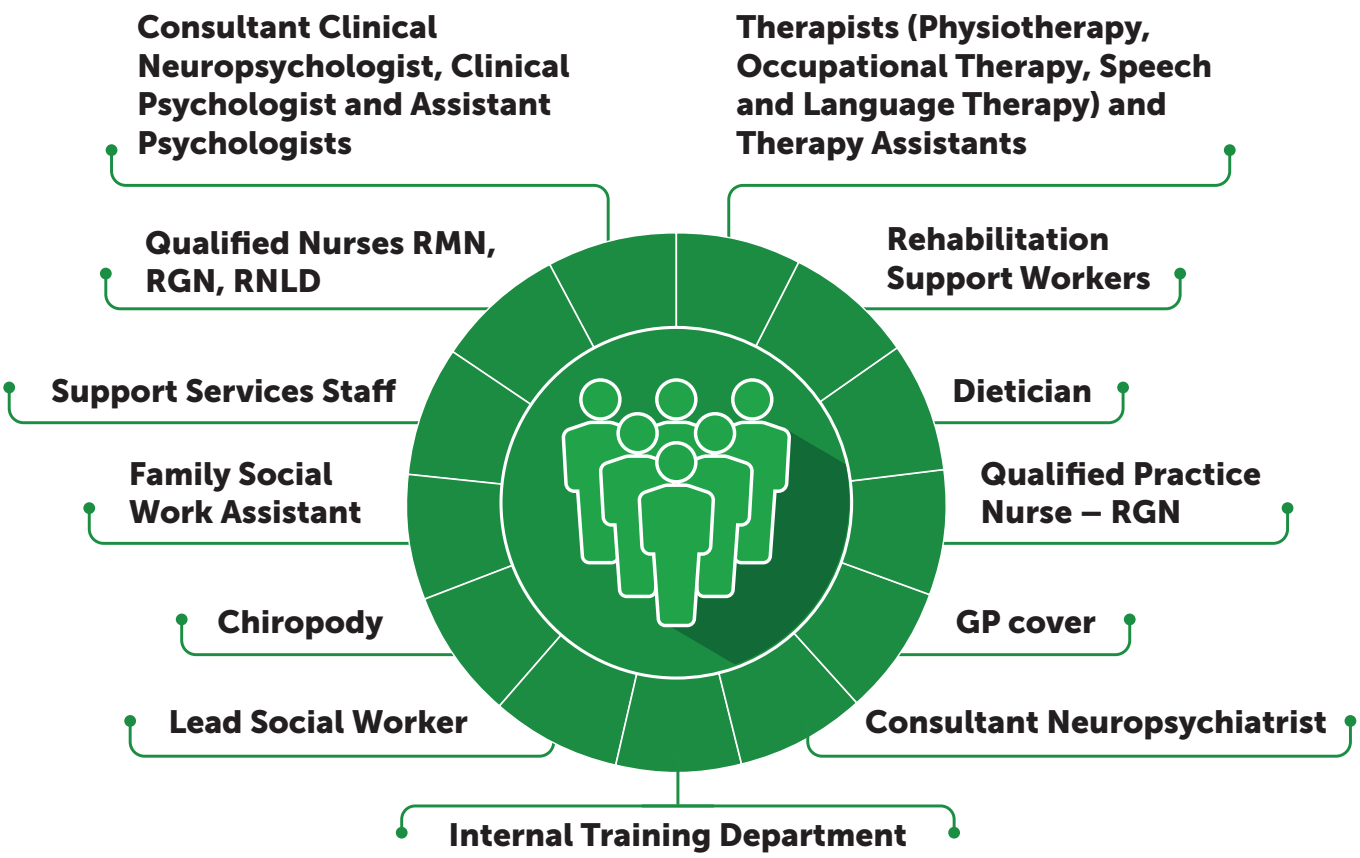
Community services

Shared accommodation in residential areas of Northampton which provide ongoing support to males who are unable to live independently or require further support to build on existing skills prior to moving on to more independent living. The 24 hour staffing team support residents to transition into the community with a focus on supporting them to self-manage all activities of daily living with minimal support. The service will encourage residents to access community services which may include vocational, volunteering and employment opportunities.

Respite care

Placements are offered for a minimum of 1 week to males with neurological conditions who are cared for in their own home. Staffing teams will ensure they are safe, supported and cared for during their short stay.

Our interdisciplinary team



The senior management team at Oakleaf all have extensive clinical experience in supporting people with neurological conditions. There are close links to Universities within the region and clinical staff input into teaching programmes as well as supervise students on placement at Oakleaf.

Clinical and therapeutic approach

Physical health

- Assessment of needs by internal / external Health Professionals
- Understanding and management of long term and chronic conditions
- Ensuring access to national screening programmes
- Pharmacological interventions including monitoring of efficacy and side effect profiles
- Nutrition and dietetics planning

Physical rehabilitation and management

- Gait, balance and mobility
- Spasticity & Muscle Tone
- Botulinum therapy
- Cardio vascular fitness
- Outdoor mobility
- Falls and manual handling
- Stairs assessments





Activities of daily living (ADLS)

- Personal ADLS
- Personal hygiene
- Toileting and continence
- Domestic activities of daily living
- Community skills
- Road safety
- Driving mobility support
- Spirituality
- Shopping
- Public transport
- Consideration of sexual needs

Psychological approaches

- Psychoeducational work aimed at understanding brain injury and associated issues
- Behavioural approaches including monitoring of positive behaviours and challenging behaviour, functional analysis, neurobehavioural intervention and positive behavioural support
- Neuropsychological assessment (to identify strengths and difficulties)
- Cognitive rehabilitation
- Psychosocial adjustment work considering identity, grief, mood, and mental health

Communication

- Social communication
- Reading and writing
- Hearing screening
- Receptive and expressive language

Swallowing

- Eating and drinking
- Dysphagia

Vocational rehabilitation

- Return to work assessment and support
- Voluntary work skills support

Advanced care planning / end of life

- Gold standard framework in end of life care

Family and carer support

- Financial support

Discharge planning

- Home assessment and advice including coordination of specialist equipment
- Liaison with family and other support networks
- Liaison with ICB, Social Care and other stakeholders
- Plan for generalising skills to new environment
- Relapse prevention planning

Outcome measures

Progress is measured in a number of domains, including but not exclusive to:

	What does it tell us?	Which measures are used?
Risk	24 areas commonly impacted by brain injury are examined for likelihood and severity to assist with care planning.	The Oakleaf Risk Assessment developed by our expert interdisciplinary team.
Behaviour	The clinical teams gather information about positive behaviours and behaviours that could be considered challenging. By sharing this information, we understand the contributing factors and triggers to behaviour as well as what helps to positively support the resident in engagement and reducing risks.	Includes standardised measures such as • The Overt Aggression Scale – Modified for Neurorehabilitation (OAS-MNR) • St Andrew's Sexual Behaviour Assessment (SASBA) • St Andrew's Swansea Neurobehavioural Outcome Scale (SASNOS))
Specific therapy outcomes	Often goal and discipline specific.	Tools drawn from validated psychometric measures.

2024 Stats

43%
of people accessing our stroke rehabilitation pathway were able to be discharged home.

42%
of ABI residents were able to return home and

29%
stepped down to more independent environments.

89%
of residents admitted, improved their mobility.

61%
of our residents benefit from a Positive Behaviour Support plan.





Therapeutic environment

Our therapists have extensive access to our on-site OT training kitchens, well equipped physiotherapy gyms and transitional flats which enable us to risk assess in an environment that replicates home.

- Intervention delivered via assistive technology can be used to restore function, to enable individuals to participate in activities that they were able to before their injury.
- A horticulture centre & equipment (polytunnel, tractor)
- Botox clinic – qualified Botox specialist
- Ultrasound machine

Scan the QR code to view our virtual tours





To refer a resident to Longacres or to arrange a visit:
Julie Allsopp | Referrals and Admissions Co-ordinator

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Service	Location	CQC Registration	Active Rehab	Post Acute Rehab	Special Nursing	Community Services	Male	Female
Cunningham House	Hartwell, Northamptonshire	Residential Nursing Care	✓	✓	✓		✓	
Orchard House	Hartwell, Northamptonshire	Residential Nursing Care	✓	✓	✓		✓	
The Cotswolds	Duston, Northamptonshire	Residential Nursing Care	✓	✓	✓		✓	
The House	Hartwell, Northamptonshire	Residential Nursing Care	✓	✓	✓		✓	
The Lodge	Hartwell, Northamptonshire	Residential Nursing Care	✓	✓	✓		✓	
St Peters Gardens	Weston Favell, Northamptonshire	Residential Nursing Care		✓		✓	✓	
Martins Court	Weston Favell, Northamptonshire	Residential Nursing Care		✓		✓	✓	
Hunsbury House	Hunsbury, Northamptonshire	Residential Nursing Care		✓		✓	✓	
Longacres	East Hunsbury Northamptonshire	Supported Living				✓	✓	✓
Strawberry Hill	Blackthorn area	Supported Living				✓	✓	✓
Kenmuir	Kingsthorpe	Supported Living				✓	✓	✓